

ACTIVITY 2

CONNECTING THROUGH DANCE AND SONG

This activity shows pupils how they can connect non-verbally by joining in, having fun and doing things in unison.

- Invite the whole class or a group of pupils to learn a dance that they perform together.
- For inspiration see [We're All in This Together from High School Musical](#) or school pupils taking up the [Jerusalema Challenge](#)
- Perhaps they can perform for another class, in an assembly, or even organise a flash mob one playtime (all teachers need to be aware this will happen!) To surprise the pupils, the staff could even join in or do their own performance!
- Ensure you talk to the pupils about how to make this activity as inclusive as possible – remember this is about connecting, collaborating and joining in, and not about a 'perfect performance'.
- Discuss with the pupils how dancing and singing together made them feel.

OPTIONAL EXTENSION ACTIVITIES:

- With the appropriate permissions, film the song/dance/flashmob and consider using the words the pupils used to describe how connecting in this way made them feel to accompany the video.

This activity is designed for 7-11 year-olds, but could be used with other age groups too. To extend the content, refer to our other activity ideas.

