

LET'S CONNECT

ACTIVITIES FOR 7-11 YEAR-OLDS

Place2Be's

CHILDREN'S
MENTAL HEALTH
WEEK

6-12
FEBRUARY
2023

ACTIVITY 3

LET'S CONNECT PARTY

This activity shows pupils that we can all connect; whatever our age, stage of development, or life experiences, and that we all connect in different ways.

NB: Be particularly aware of care-experienced pupils, adopted pupils and those in kinship care during this activity, and pupils who may have limited contact with parents or other family members.

- Talk to the pupils about the ways in which they connect with friends and family on special occasions e.g. birthdays, Eid, Diwali etc. Invite the pupils to consider how they connect at such times (e.g. connecting through food, drink, games, rituals, songs, music etc.).
- Plan a party or an activity that will help them to connect to others in the community. Can the pupils think about who they may wish to include – for example, those who may not have as many opportunities to connect with others, such as care home residents.
- Use videos to explore how people of different ages and from different walks of life can connect. See our suggested videos below.

This activity is designed for 7-11 year-olds, but could be used with other age groups too. To differentiate or extend the content, refer to our other activity ideas.



VIDEO 1

OLD PEOPLE'S HOME FOR 4-YEAR-OLDS

[Click here to watch the video](#)

- Explain that this was a special project where people living in an old people's home connected with pupils who attended a nursery to see what they could learn from each other.
- We've suggested some clips from the video, and discussion points.

Victor and the dance teacher [0.31 – 1.37]

- What did you think when you first saw Victor on his own?
- What changed for Victor?
- How can you tell that Victor felt a connection?
- Why do you think the dance teacher approached Victor?
- What connection to his past was Victor experiencing?
- How did watching this video make you feel?

Choosing partners [5.34 – 6.41]

- How do you think the adults felt when they were chosen?
- This project was about connecting young and old – from this clip, what do you think the benefits of this connection have been for the old and young people?

A trip to the park [6.42 – 7.40]

- Why do you think Dot went back for Pat?
- How do you think Pat felt?
- This clip showed care and connection – can you see the different ways Dot and Pat connected?



VIDEO 2

KIDS AND SENIORS CELEBRATE 103RD BIRTHDAY

[Click here to watch the video](#)

- This is another clip from Old People's Home for 4-Year Olds. You could watch both, or one at a time as separate activities.
- Ask questions to explore theme of connection.

Fred's evacuation to America [0.25 – 2.19]

- How did Fred stay connected with his family?
- How do you think it must have felt to be so far away from home?
- How do we use technology now to stay connected? How is it the same and different from what Fred experienced?
- What questions would you ask Fred about his experiences?

Sylvia's 103rd Birthday Party [2.20 - end]

- What things did Sylvia and the pupils say or do to show their connection?
- How do you think Sylvia and the others in the video were feeling?
- What wish would you make?
- If you were to write something in Sylvia's birthday card, what would it be?