

ACTIVITY 3

HULA HOOP CONNECTIONS

This activity could be used as an ice breaker, or at the end of the lesson, to encourage your class to connect.

NB: The activity can be done in groups of 8+ pupils, and can include the whole class if there is enough space.

- Ask pupils to stand up and form a circle.
- Place a hula hoop over the arm of one pupil and then ask everyone to hold hands. The aim is for the hula hoop to be passed around the circle while everyone is still holding hands!
- As pupils pass the hula hoop around, ask them to share something about themselves that connects them to their class (such as 'we live in the same town', 'we go to the same school', 'we wear the same uniform').
- This game is lots of fun, but the pupils also need to use problem-solving skills and collaboration to help them pass the hula hoop around the circle. The pupils also need to watch and listen to each other to find the best strategy for passing the hula hoop!
- To make the activity harder, two or three hoops can be added to the circle, or you could time how long it takes and try to beat your time (or that of another class). You could even try to do it without speaking and see how you can communicate without words.

This activity is designed for 4-7 year-olds, but could be used with other age groups too. To extend the content, refer to our other activity ideas.

